

BREAKFAST & LUNCH

HEAT & GO

- Breakfast sandwich **\$5.50**
Bacon, florentine, or sausage \$5.75
- Breakfast burrito **\$11**
with beans, cheese, eggs, salsa & rice
- Turkey & bacon sandwich
on ciabatta bun **\$11**
- Asparagus & asiago quiche **\$7**
- Ham & cheddar quiche **\$7**
- Red pepper & goat cheese
quiche **\$7**
- Shepherd's pie **\$8**
- Sausage roll **\$3.50**
- Ham and cheese croissant **\$5.25**

GROCERY

- Avalon milk, 1L **\$5.95**
- Avalon milk, 4L **\$8.50**
- Bread from *A Bread Affair* **\$6.75**
- Vitala eggs **\$6.75**
- Light cream 10% 500 ml **\$3.50**
- Minor Figures Oat M*lk **\$6.50**
- Pacific soy milk **\$5.50**
- Pacific almond milk **\$5.50**
- Timbertrain Coffee Roasters **\$17**

BAKERY

MUFFINS

- Freshly baked* **\$3.75**
- Raspberry peach
- Lemon, coconut and cranberry
- Morning glory
- Banana chocolate chip
- Blueberry apple
- Day old* **\$2.50**

BAKED GOODNESS

- Croissant **\$2.85**
- Hike bar **\$3.50**
- Banana bread **\$3.75**
- Chocolate zucchini loaf **\$3.75**
- Chocolate brownie **\$3.75**
- Cinnamon bun **\$4**
- Chocolate chip cookie **\$2.75**
- Peanut butter date ball **\$3.50**
- Rice krispie square **\$2.50**
- Scone (lemon) **\$3.50**
- Tart **\$2.50**
Lemon, pecan or butter tart
- House made granola
and yogurt parfait **\$5.75**

DRINKS

COFFEE

	8oz	12oz	16oz		
Drip	\$2.50	\$2.75	\$3	Espresso	\$3.00
Americano	\$3.25	\$3.25	\$4	Macchiato	\$3.50
Americano Misto	\$3.50	\$4	\$4.50	Cortado	\$3.50
Latte	\$3.75	\$4.25	\$4.75	London fog	\$4.50
Flat white	\$3.75	\$4.25	\$4.75	Soy	\$1
Cappuccino	\$3.75	\$4.25	\$4.75	Almond	\$1
Mocha	\$4	\$4.50	\$5	Oat	\$1
Chai latte	\$3.75	\$4.25	\$4.75	Extra shot	\$0.75
Hot chocolate	\$3	\$4	\$5	Flavour shot	\$0.75
Steamed milk	\$2.50	\$3	\$3.50	Iced	\$0.5

TEA \$3.75

- Namasthé Tea Co.*
- Mountain Mint
- Fresh Tracks Breakfast
- Ginger Tulsi Roobios
- Chamomile Organic
- Chaga Chai
- Jade Cloud
- Earl Grey

COLD DRINKS

- Apple juice **\$2.25**
- Coconut water **\$3.50**
- Happy Planet **\$3.75/\$7.25**
- Phillips soda **\$3**
- Pop **\$1.75**
- San Pellegrino
bottle **\$2.25** can **\$3**
- Chocolate milk **\$4.25**

ROOSTER SWAG

- T-shirts: adult **\$25**
- Rooster mug 16 oz **\$12.50**
- MiiR travel mug 12 oz **\$35**
- Beans + rooster mug **\$25**
- Gift certificates available*

Open weekdays 8 a.m. to 2 p.m. and weekends 9 a.m. to 3 p.m.

Order inside, or pre-order online at commercialstreetcafe.com, or by phone at **604.877.8669**